








HARM-AF score

Points(0-14)

H		Hypertension		4 Four
A		Age	60-64 years	1 One
			≥ 65 years	2 Two
R		Raised BMI	$\text{BMI} \geq 30\text{kg/m}^2$	1 One
M		Male sex		2 Two
S		Sleep apnea		2 Two
S		Smoking		1 One
AF		Alcohol	7-14 standard drinks/week	1 One
			≥ 15 standard drinks/week	2 Two

Score 1~4 :HR 2.81
Score 5~9 :HR 12.79
Score 10~14 :HR 38.70